

JEWISH FAMILY SERVICE OF LOS ANGELES

NEW MOMS CONNECT

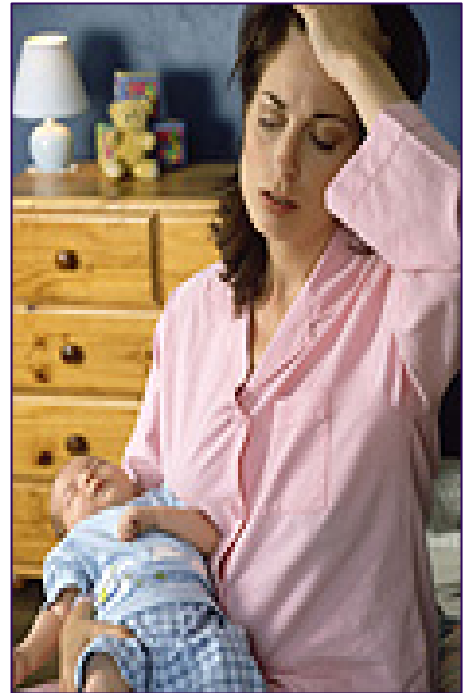
“The happiest time in my life had become a nightmare for me and my family. I was sure that no one could understand.”

FAMILY WARMLINE
323.761.8800 x1028

- individual & family support
- in home visits
- education, guidance & resources

WEEKLY PEER GROUPS

- City & Valley Locations
- changing roles & parenting
- stress reduction
- keeping relationships healthy



“Adventures in Babyhood”

- monthly series
- exercise and nutrition
- time management
- personal TLC



For more information:

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JFS is a beneficiary agency of
The Jewish Federation and United Way.

“...knowing I had support made all the difference.”